## Spring Summer 24 - Week One 15 Apr, 6 May, 27 August, 9 Sept, 30 Sept, 21 Oct



| WEEK ONE  | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|---|---|--|---|--|
| Main Meal<br>(& Halal Equivalent where<br>Required) | Wholemeal Cheese & Tomato Pizza served with Wedges          | Sausage<br>Served with<br>Mini Hash Browns & Baked<br>Beans or Sweetcorn              | Chicken Pie<br>& Mashed Potatoes                         | Chicken Korma served with rice                              | Fish Fingers<br>served with Chips<br>& Tomato Ketchup      |
| Vegetarian  | Creamy Vegetable<br>Penne Pasta Carbonara                   | Veggie Sausage<br>Served with<br>Country Diced Potatoes & Baked<br>Beans or Sweetcorn | Vegemince & Vegetable Pie served with Mashed Potato      | Cheese & Pasta Bake   | Cheese quiche<br>Served with Chips<br>& Tomato Ketchup     |
| Jacket Potatoes                                     | Jacket Potato with Tuna<br>Mayonnaise or Cheese or<br>Beans | Jacket Potato with Tuna<br>Mayonnaise or Cheese &<br>Beans                            | Jacket Potato with Tuna<br>Mayonnaise or Cheese or Beans | Jacket Potato with Tuna<br>Mayonnaise or Cheese or<br>Beans | Jacket Potato with Tuna<br>Mayonnaise or Cheese &<br>Beans |
| Vegetable Selection                                 | Selection of Daily Vegetables<br>& Mixed Fresh Salad        | Selection of Daily Vegetables<br>& Mixed Fresh Salad                                  | Selection of Daily Vegetables<br>& Mixed Fresh Salad     | Selection of Daily Vegetables<br>& Mixed Fresh Salad        | Selection of Daily Vegetables<br>& Mixed Fresh Salad       |
| Dessert   | Marble Sponge & Custard                                     | Chocolate Shortbread Biscuits (Ve) & Fruit Slices                                     | Iced Banana Traybake                                     | Oat & Raisin Cookie (Ve)<br>& Fresh Watermelon Slice        | Chocolate Ice Cream  |

Portion(s) of fruit or veg







Contains plant-based proteins









Our desserts meet Public Health England's target for 'free sugar' intake for your child.

## Spring Summer 24 – Week Two 22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct





|   | WEEK TWO  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|--|---|---|--|
|   | Main Meal<br>(& Halal Equivalent where<br>Required) | Wholemeal Cheese and Tomato<br>Pizza with Potato Wedges     | Summer Hot Dog Baguette<br>served with Freshly Made<br>Coleslaw Salad                        | Roast Chicken<br>served with Roast Potatoes &<br>Gravy            | Beef Bolognese & Penne Pasta                                | Fish Fingers<br>served with Chips<br>& Tomato Ketchup                    |
|   | Vegetarian  | Vegetable Enchiladas (Ve)<br>With Vegetable Rice            | Summer Veggie Sausage<br>Hot Dog Baguette (Ve) Served<br>with Freshly Made Coleslaw<br>Salad | Quorn Burger in a Bun<br>Served with Skin On<br>Home baked Wedges | Macaroni Cheese served with<br>Garlic Bread                 | Cheese & Onion Puff Pastry Roll<br>Served with Chips<br>& Tomato Ketchup |
| • | Jacket Potatoes                                     | Jacket Potato with Tuna<br>Mayonnaise or Cheese or<br>Beans | Jacket Potato with Tuna<br>Mayonnaise or Cheese or<br>Beans                                  | Jacket Potato with Tuna<br>Mayonnaise or Cheese or<br>Beans       | Jacket Potato with Tuna<br>Mayonnaise or Cheese or<br>Beans | Jacket Potato with Tuna<br>Mayonnaise or Cheese or Beans                 |
|   | Vegetable Selection                                 | Selection of Daily Vegetables<br>& Mixed Fresh Salad        | Selection of Daily Vegetables<br>& Mixed Fresh Salad   | Selection of Daily Vegetables<br>& Mixed Fresh Salad              | Selection of Daily Vegetables<br>& Mixed Fresh Salad        | Selection of Daily Vegetables<br>& Mixed Fresh Salad                     |
|   | Dessert   | Ginger & Mandarin Traybake                                  | Strawberry Jelly (Ve)  | Freshly Baked Chocolate Cookie<br>(Ve)                            | Flapjack Finger With a fresh slice of Watermelon (Ve)       | Homemade Shortbread Biscuits<br>(Ve)                                     |

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

## Spring Summer 24 - Week Three









Contains plant-based proteins









Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



## 29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct





|   | WEEK THREE  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|---|--|--|---|
|   | Main Meal<br>(& Halal Equivalent where<br>Required) | Wholemeal Cheese & Tomato Pizza<br>served with Wedges    | Hot Dog served with Baked<br>Potato Wedges                            | Gently Spiced Moroccan Chicken<br>Tagine<br>Summer Vegetable Rainbow Cous<br>Cous                  | Sticky BBQ Chicken<br>with Noodles                       | Fish Fingers<br>served with Chips<br>& Tomato Ketchup       |
|   | Vegetarian  | Mildly Spiced Vegetable Chilli<br>& Rice (Ve)            | Cheese & Onion Puff Pastry Roll<br>served with<br>Baked Potato Wedges | Gently Spiced Roasted<br>Chickpea Tagine<br>served with Summer Vegetable<br>Rainbow Cous Cous (Ve) | Vegetarian Lasagne                                       | Cheese & Tomato Pizza Whirl<br>& Chips                      |
|   | Jacket Potatoes                                     | Jacket Potato with Tuna<br>Mayonnaise or Cheese or Beans | Jacket Potato with Tuna<br>Mayonnaise or Cheese or<br>Beans           | Jacket Potato with Tuna<br>Mayonnaise or Cheese or<br>Beans  | Jacket Potato with Tuna<br>Mayonnaise or Cheese or Beans | Jacket Potato with Tuna<br>Mayonnaise or Cheese or<br>Beans |
|   | Vegetable Selection                                 | Selection of Daily Vegetables<br>& Mixed Fresh Salad     | Selection of Daily Vegetables &<br>Mixed Fresh Salad                  | Selection of Daily Vegetables &<br>Mixed Fresh Salad   | Selection of Daily Vegetables &<br>Mixed Fresh Salad     | Selection of Daily Vegetables &<br>Mixed Fresh Salad        |
| • | Dessert   | Apple Sponge served with Custard                         | Tutti Frutti Jelly and<br>Mandarins (Ve)                              | Vanilla Cookie<br>(Ve)   | Zesty Lemon & Blueberry<br>Yoghurt Cake                  | Flapjack (Ve)   |

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

















Our desserts meet Public Health England's target for 'free sugar' intake for your child.